

# SENSEI GEORGE LEDYARD

@ THE PHOENIX AIKIDO CLUB



4th–6th May 2012

Friday 7pm–9pm

Saturday 9am–12pm

2pm–5pm

Sunday 10am–12pm

2pm–4pm



Weekend fee: £50

£10 deposit, balance to be  
paid by 30th November

George Ledyard Sensei began his Aikido studies in 1976 under the direct instruction of Mitsugi Saotome Sensei and has continued this association ever since. Ledyard Sensei currently holds the rank of 6th Dan in Aikido. He counts Hiroshi Ikeda, William Gleason, Mary Heiny, Tom Read, Endo Seichiro, and Dan Harden as strong influences on his Aikido.

He is the Founder of Defensive Tactics Options™, a system of police and security training which specializes in less-than-lethal force alternatives and Options for Protective Control™, an ultra low-level force system for physical intervention with juveniles and emotionally disturbed subjects.



Sensei Ledyard believes that Aikido should be both a spiritual practice and a martial art. He is known for his work with the staff and sword and also for an innovative approach to applied empty-hand technique which brings in elements from his training in Japanese Koryu, Iaido, Filipino martial arts and Systema. He has almost thirty five years of Aikido teaching experience. In addition to teaching Aikido seminars all over the United States and Canada, Ledyard Sensei was invited to participate in the first three historic Aiki Expos and is a regular contributor to both [AikidoJournal.com](http://AikidoJournal.com) and [Aikiweb.com](http://Aikiweb.com).

